

First-aid mum saves baby

A MUM used first-aid techniques to save her baby daughter's life – just half an hour after she'd learned them.

Maureen Deal is a child-minder who's now looking for funding to open her own nursery.

With that in mind, she attended specialised first-aid classes.

She'd left 21-month-old Rachael, and her two older sisters, Amy and Lucy, at home with her husband while she attended the all-day course.

Within 30 minutes of

her mum arriving home, Rachael began to choke on a sweet.

Thanks to her newly-acquired knowledge, Maureen was able to take control of the situation.

She used her new skills to dislodge the sweet and unblock

Rachael's airways, by carrying out back-thrusts and chest compressions.

Still following the advice given by the course, she took Rachael for a hospital check-up. She was fine – and the nursing staff told Maureen that she'd saved her life.

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